

### Personal space breach

"Respect personal space: Give each other room to breathe. Everyone's personal space matters."

You're in a meeting, and a colleague stands too close, making you uncomfortable.



### Social boundary breach

"Honor social boundaries: Be mindful of personal topics and keep conversations respectful."

During a team lunch, someone makes a joke about your personal life that feels insensitive and invasive.



### Emotional boundary breach

"Acknowledge emotional boundaries: Validate feelings and approach others with empathy and respect."

A colleague tries to engage you in a conversation that you are not comfortable talking about.

